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## RICA® Surgical Products' Thermal Controlled Procedure Pads

### INSTRUCTIONS FOR USE:

- Prior to every use, carefully inspect the entirety of the product to ensure that no cracks, breaks, or separations are visible. If any of the previous are present, **IMMEDIATELY REMOVE THE PAD FROM SERVICE** and call 1-800-889-3218 and arrange to send the pad in for a complete evaluation.
- After plugging in the pad each day, allow the product to complete an initial conditioning cycle for approximately 30 minutes.
- The green indicator light will be on while the pad is heating. Once the "Optimum Temperature Range" is attained, the green indicator light will turn off. The "Optimum Temperature Range" is between 98° F to 103.5° F **NOTE:** This light will turn on again once the pad has fallen below the Optimum Temperature Range to indicate that it is heating back up.
- During the initial 30 minute conditioning cycle, the pad will initially heat to approximately 115° F. The temperature of the pad will then cycle back and forth, settling into its normal operating range of between 98° F to 103.5° F. After this initial process, the pad should continue to remain within this Normal Temperature Range until unplugged or not being used (i.e. patient not on pad, no movement on pad, no weight on pad, etc.) after which it will automatically go into a sleep mode (see "Additional Features" below).
- Once the pad has been allowed to complete the conditioning cycle, a temperature reading must be taken in order to ensure that the pad is working in the Normal Temperature Range. We have provided suggested Temperature Test Instructions below.
- There is no further need to cycle the pad again unless the pad has become cold (temperature reads less than 88° F) which would only occur if the pad has been unplugged for more than 5 minutes.
- **IMPORTANT:** Do **NOT** place towels or other items between the patient and the thermal product. Towels create a barrier between the pad and the patient and will **SIGNIFICANTLY** reduce the pad's ability to maintain a proper temperature range.

## **CLEANING INSTRUCTIONS:**

- These thermal pads are not waterproof. Fluids must be cleaned off of the pad's surface **IMMEDIATELY**. Fluids left sitting on the pad will reduce the pad's ability to maintain a proper temperature range.
- Thermal pads shall be cleaned with gentle household cleaners approved for use on plastic. Do not use bleach-based cleaners or submerge the thermal pad in water or cleaning solutions. Test any proposed cleaner on an inconspicuous spot on the pad to ensure that it does not discolor or otherwise damage the pad.

## **ADDITIONAL INFORMATION:**

**SLEEP MODE:** As an economy feature, when no patient is on the pad the unit will reduce heating to approximately 88° F, then reheat to the optimum temperature range after a patient is placed on the pad. There is no need to restart the initial conditioning cycle from sleep mode.

### **TEMPERATURE TEST INSTRUCTIONS:**

- Temperature testing shall be performed using a shop thermometer.
- Lay the probe of the shop thermometer in the grooves of the thermal pad and cover the bulb tip with a light cloth. This will help prevent the ambient temperature from affecting the reading.
- If the thermal pad is not in the 98° F to 103.5° F range, it is not operating properly. **IMMEDIATELY REMOVE THE PAD FROM SERVICE** and call 1-800-889-3218 and ask for someone to review and possibly arrange to send the pad in for a complete evaluation.